



Newsletter

Summer 2013
Volume 10 Issue 2

A quarterly publication of the government of the Town of Mills River

News from the Mayor

Roger Snyder

Volunteerism

There are many organizations in Henderson County that rely heavily on volunteers including some right here in Mills River. The Town has several committees that are looking for members. There are very few requirements, but the important ones are to be interested and participate.

10th Anniversary

Many people attended our “birthday party” held last Friday (June 21). The Town was incorporated in June of 2003, so this year is our tenth anniversary. An unofficial headcount was around 350 – 400 people. The weather was great, the kids had a good time and everything was free to attendees and the Town. I enjoyed seeing old friends and meeting some new ones. The following local businesses and individuals were instrumental in making the day a success either by donating funds, goods, or time:

Kimball Communications	Triangle Stop Food Stores
Pepsi Co	Ingle’s Markets
Sierra Nevada Brewing Co	Food Lion
Moe’s Barbecue of Hendersonville	Putt’s Parties and Events
Beystone Health Care	Van Wingerden International
Pardee Medical Practice	Waycaster Tire
Park Ridge Hospital	Mills River Fire and Rescue
First Citizens Bank	TD Bank
Friends of the Mills River Library	Richie & Delores Meadows
Mills River Business Association	Rita’s Italian Ice

And a big “thank you” to the Lonesome Road Band for playing some great Bluegrass music. On behalf of the Council and myself, I want to thank you all for supporting our anniversary party.

Safety Tip

Watch out for people riding bicycles on the roads. Be extra cautious on the back roads. On the same line of thought, bicyclists also need to be seen. Please wear bright colors that can be seen as far away as possible.

Have a great summer, get outside, visit neighbors, check-in on the elderly, visit our Park and volunteer.

*As always, if I or the Council can be of any assistance,
let us know*



THE TOWN OF MILLS RIVER

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HISTORY CORNER

by Jim Brittain

The Steering Committee of the Henderson County Education History Initiative recently dedicated an historic marker honoring the Mills River Academy. The new marker is near the site of what is thought to be the first school established in what is now Henderson County. The original school was located on a parcel of a few acres set aside by James Brittain for community purposes in the late 1790's. He was born in Virginia around 1750 and served in the Continental Army during the American Revolution. He came to Mills River with his wife, Delilah Stringfield Brittain and their children around 1790. He acquired several hundred acres of land in the area and soon became a community leader. When Buncombe County was created from portions of Burke and Rutherford Counties in 1792, he was named a Justice of the Peace and served several terms in the State Senate between 1796 and 1807. He became an officer in the local militia and in December 1804, led a militia force into an area claimed by both North Carolina and Georgia. The brief excursion intended to "show them that we have sufficient law to suppress unruly citizens" came to be known as the "Walton War". The force of about sixty men included Major Brittain's sons Joseph and Phillip as well as his neighbor, John Murray.

John Murray, a descendent of Scottish Presbyterians, was born in the Newberry District of South Carolina in 1777 and came to Mills River around 1800. In 1803 he married Elizabeth Davidson, a daughter of Benjamin Davidson, a Revolutionary War veteran for whom the Davidson River was named. Murray was one of five trustees named in a land deed recorded in March 1829, under which Phillip Brittain conveyed land at Mills River to the trustees. It included the site of an existing school building and was conveyed "for the purpose of building a meeting house and a school house for the promotion of literature and for the administration of the preaching of the Gospel and divers other causes". Subsequently, the trustees oversaw the construction of a two-story building that became known as the Mills River Academy. It initially operated as a free public school for about three months each year, or longer for students whose parents paid a tuition fee. The first floor was used for worship services, county court sessions and other community meetings. It was utilized until 1859 when it was replaced by a brick structure shared by the Academy and the Mills River Presbyterian Church until 1905.

John Murray and Phillip Brittain served as joint administrators of the estate of James Brittain after his death in 1831. James and Phillip, along with their wives and some of their children were buried in a family cemetery which no longer exists. John and Elizabeth Murray were among the first to be buried in a cemetery near the Mills River Academy which was established around 1850 and became known as the Presbyterian Church Cemetery. A daughter of John and Elizabeth, Margaret S. Murray (1817-1904), married Elijah W. Kimzey of Mills River. They became the parents of fifteen children and their descendants still live in the community.

The Mills River Academy building was destroyed by fire in April 1921, but a new two story brick building was constructed nearby by October 1922. A local newspaper described the new facility as being probably the finest rural school plant in the state. It noted that the total enrollment was about 200 students including about fifty high school students. A number of one-room schools in the area were closed by the early 1930's with their students being transported to the consolidated Mills River School by bus. The 1922 building continued in use until 1974. Only elementary school students have attended the Mills River School since the middle school opened at Rugby in 1973. Alumni and others share many memories of their time at the Mills River School and value the rich heritage of the Academy and its successors.



SPOTLIGHT ON MILLS RIVER RESIDENT...DAVID WHITSON

by Kathryn Finotti

- ◇ How long have you lived in Mills River?
I've been in Mills River for 6 years.
- ◇ What do you do for a living?
I'm retired from Blue Ridge Community College and now I work for Henderson County.
- ◇ Introduce us to your family, please.
I'm married to my wonderful wife, Jean. We have two sons, Nathan, who is newly married to Whitney (they also live in Mills River) and my younger son, Jonathan.
- ◇ Do you have any favorite hobbies?
Gardening and mountain biking are two of my favorite activities. I may actually attempt to grow some unusual vegetables this year...like jicama.
- ◇ If you won the lottery and could do one nice thing for the Mills River community, what would you do?
That's not a hard decision to make...I would add to the biking/hiking trails in our community. We have such a beautiful area and seeing it on foot or by bike is best.
- ◇ Have you been to the Mills River Park yet?
Yes. It's a very nice park...I was very impressed. I rode my bike around there.
- ◇ Do you have pets?
Yes, Champ is a shih tzu.
- ◇ Do you have a favorite movie or TV entertainer or a favorite writer?
Not much on the movie or TV front...Ravi Zacharias is a favorite writer.
- ◇ What's your favorite meal?
Grilled salmon...anytime.
- ◇ If you were stranded on a desert island, what one item would you want with you?
A knife...with that I could (hopefully) do anything that it would take to survive.
- ◇ What appeals to you most about living in Mills River?
The rural atmosphere...the feeling of living a country life, yet having all of the conveniences nearby.
- ◇ What is your dream job?
I would love to be a teacher like Ravi Zacharias. I think that's the most rewarding job there is.



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MILLS RIVER LIBRARY

Our story times will be held every Monday morning at 10:00 a.m. during July and August. Join us for crafts, stories, and much more.

Fantastic upcoming fun events during July at the Mills River Branch Library

Wednesday, July 10, 2:00 pm:	Meet Therapy Dog Chloe
Thursday, July 11, 10:30 am:	Dig into Rocks and Minerals presented by the Mineral & Lapidary Museum
Saturday, July 13, 11:00 am:	Bright Star Children's Theatre presents the Secret Garden
Wednesday, July 24, 10:30 am:	Hendersonville City Police Officer Jennifer Davis and the K-9 Dogs
Thursday, July 25, 2:00 pm:	Zendrawing Teen Art Workshop *REGISTRATION REQUIRED*
Saturday, July 27, 10:00 am – 1:00 pm:	TOUCH A TRUCK!!
Wednesday, July 31, 3:30 pm:	Dig That Rock Music with Big, Bang, Boom

ADULT PROGRAMS:

Wednesday, July 24, 2:00 pm: Kerri Roach will present an adult program – PLANTING FALL GARDENS. Discussion will cover the do's and don'ts, site prep, plant selection, planting and fertilizer.

Saturday, August 10, 11:00 am: Photograph Flash Photo Shop at the Branch.

Every Tuesday, 1:30pm: The *Purls of Wisdom* Knitters and Crocheters. Come check out this group – they have a great time.

Contact the Mills River Branch at 890-1850 if there are questions.

HELP IDENTIFY OLD PICTURES

The Mills River Room in the Mills River Branch of the Library has pictures of old Mills River that aren't identified. If possible, please stop by and see if any of the people, places, or activities depicted are familiar to you. They really are wonderful old pictures and it's a shame we don't know anything about them.



FROM THE OFFICE OF THE TAX COLLECTOR

Look for 2013 tax notices in the mail by the middle of September. In order to cut down on double payments, if your mortgage company requests the notice, no notice will be mailed to you. However, you are still responsible for the timely remittance of the tax. If you don't get your notice by the end of September and you think that you should be getting your notice rather than your mortgage company, feel free to call us. Tax payments can be remitted without interest or penalty until January 6, 2014. On that day interest will be added. Partial payments are always accepted if the full amount is beyond your ability to pay at one time. Accounts must be paid in full before January 6, 2014 in order to avoid interest on the balance.

We're happy to help people check the status of their tax accounts or the amount due – don't hesitate to call.

DO YOU WANT TO INCREASE YOUR CHANCE OF SURVIVAL?

SUDDEN CARDIAC ARREST AND OUR COMMUNITY

by: Jeannie Moore-Payne, FLSE III/EMT Coordinator

Are you wondering just how this affects you and your family? Cardiovascular disease is the single-greatest cause of death in the United States. Each year, upward of a quarter of a million persons receive attempted resuscitation from cardiac arrest by Emergency Personnel.

Survival from out-of-hospital ventricular fibrillation cardiac arrest is extremely variable throughout the US, with high survival rates of 52 percent in Seattle and King County, Washington, and low survival rates of 7.7 percent in Alabama, to less than 10 percent in North Carolina. Furthermore, in the interest of improving survival, only a small percentage of communities in the US have rigorously measured and reported survival rates. Most communities have no idea as to how they are managing out-of-hospital cardiac arrests.

In order to provide our county with highest level of care, Henderson County Emergency Services and local Fire and Rescue Departments have recently adopted specific cardiac arrest survival guidelines and joined the Cardiac Arrest Registry to Enhance Survival (CARES) program. (Information provided by Henderson County EMS)

How does this affect our Mills River Community? What does this have to do with you?

It begins with you the witness/bystander. When you see that person fall to the floor with a sudden cardiac arrest, do you know what to do? Do you know what to expect? We want to help you to be prepared for what will happen next.

Early Access by calling 911 and getting help on the way to you quick and efficiently can make a difference. Our 911 Telecommunicators are trained to give you instructions over the phone about how to deliver lifesaving compressions, Early CPR, until first responders arrive.

What should I expect when the first responders arrive? The first time I visualized this scenario, it made me think of a NASCAR Pit Crew. It seemed that everyone had their very own job and they had practiced it to precision. They moved together like a well-oiled machine. Each member of the team performs a certain job. Then the more intense jobs, like chest compressions, the team members switch off every two minutes. This keeps them rested and able to do the best job possible. During this process, if the patient qualifies, defibrillation may be performed with the use of an AED, and an advanced airway may be placed. While the EMT's are working, the Incident Commander (Senior Officer), is getting information from the family, and explaining step by step what is being done for the patient.

What happens when the Paramedics/EMS arrives? When the Paramedic unit arrives, the "Pit Crew" continues to perform their tasks. The Paramedics begin to acquire adequate IV access for medications, and other necessary tools.

Why are they not rushing to the hospital like I see on TV? Are they not doing everything possible for this person? Rest assured that everything necessary is being done for your family member. The new guidelines and statistics are proving that providing "high quality" good CPR is critical and improves the survivability. To provide the best CPR possible for those first minutes, it is imperative to keep the patient in that area, until everything is prepared and ready for the patient to be moved to the ambulance. It may mean that the patient is there in the floor for 20-40 minutes. This seems like an eternity to a bystander/family, but the "Pit Crew" is able to do everything that can be done for the patient in Emergency Department, but without having to interrupt care to move the patient. Interruptions in care decrease the chances of survival.

What happens next? Once everything is in place, the patient is then placed onto a backboard, moved to a stretcher, and into the ambulance for transport to the hospital. Inside the ambulance, care is being continued all the way to the hospital and until care is transferred to the Emergency Room Staff. The Incident Commander (Senior Officer) will advise the family what facility that the person will be going to.

After the Emergency? As first responders, our job is not done once the patient is delivered to the hospital, we still must provide all the necessary paperwork and information to the hospital and EMS for the evaluation. This ensures that we are providing quality care to our communities.

In the Mills River Community our Career and Volunteer firefighters and EMT's train constantly and attend regular continuing education to be able to provide the best for our residents. We recommend that every resident learn CPR in an effort to increase the survivability in our community. If you have any questions, please contact Mills River Fire and Rescue at [\(828\)-891-7959](tel:828-891-7959) or your local American Red Cross.

PARKS UPDATE SUMMER 2013

It's finally summer and the park is in full swing with the popularity of the Dog Park, playground, multi-use trail, picnic shelter and tennis courts. We hope everyone can come out and enjoy all the park has to offer.

The rear multi-use trail is being paved as I write this and we hope to have it open soon. We will be installing a couple of benches and trash cans along with a dog station once the trail is complete. It will be approximately 1 mile in length and will start and end at the Town Hall parking lot. You can see the trails location on the plan available at our website under the Park button or in one of the bulletin boards in the park.

The Town's Tenth Birthday Party was held last week on June 21st. We had music, food and drink, games and two jump houses for the kids. More importantly, this was an opportunity for our citizens to come together.

We are in the process of getting benches for the Tennis Courts which have been made possible by generous donations from Wayne and Carolyn Carland, Jim and Lisa Smith of Keller Williams Realty on behalf of Wayne and Carolyn Carland and the Henderson County Community Tennis Association. We have also ordered two trash cans to be placed just outside the gates of the tennis courts.

Other park additions include security cameras to monitor the dog park, picnic shelter and parking areas, concession/restroom building and playground. We have also installed some signage indicating that the park is open dawn to dusk and that we have video surveillance.

It is through a Parks and Recreation Trust Fund (PARTF) grant that the Town was able to construct Phase I. The Park and Recreation Advisory committee has been meeting to discuss and make a recommendation for a potential Phase II PARTF grant application. If a decision is made to apply for another grant, we will be looking for public input as part of the process. We will keep you posted.

We have a number of items that have been left at the park and we have been keeping them in a "Lost and Found" at the Town Hall. Please contact us to see if we have your missing item!

Don't forget that the Picnic Shelter is available for rent and a calendar may be viewed to confirm availability. Please go to www.millsriver.org and click on the Park button or call the Town Hall at 828-890-2901 for information.





RECIPE CORNER

Caprese Salad

- 3 vine-ripe tomatoes, sliced ¼ inch thick
- 1 pound fresh Mozzarella, sliced ¼ inch thick
- 20-30 fresh basil leaves
- Extra virgin olive oil
- Coarse ground salt and pepper, to taste

Layer alternating slices of tomato and mozzarella, adding a basil leaf between each on a large, shallow platter.

Drizzle the salad with olive oil and season with salt and pepper if desired.

Serve at room temperature.

Serves 4-6

ENJOY!



MEETING & OTHER DATES

July 11	Town Council	7:00 PM
July 18	Finance Committee	7:00 PM
July 19	Agricultural Advisory	9:00 AM
Jul 23	Parks and Recreation	7:00 PM
Jul 25	Town Council	CANCELLED

Aug 6	Planning Board	7:00 PM
Aug 8	Town Council	CANCELLED
Aug 13	Board of Adjustment	7:00 PM
Aug 16	Agricultural Advisory	9:00 AM
Aug 22	Town Council	CANCELLED
Aug 27	Parks and Recreation	7:00 PM
Aug 29	Town Council	7:00 PM

Sep 2	Labor Day	
TOWN HALL/LIBRARY CLOSED		
Sep 3	Planning Board	7:00 PM
Sep 12	Town Council	7:00 PM
Sep 20	Agricultural Advisory	9:00 AM
Sep 24	Parks and Recreation	7:00 PM
Sep 26	Town Council	7:00 PM

Oct 1	Planning Board	7:00 PM
Oct 8	Board of Adjustment	7:00 PM
Oct 10	Town Council	7:00 PM

ALL MEETINGS ARE OPEN TO THE PUBLIC



LOCAL SMALL BUSINESS ADS

The Mills River Town Newsletter is printed quarterly: at the end of March, June, September, and December. In order to defray the cost of publishing, the newsletter accepts small business ads. These ads should be business card size (preferably the card itself) and black and white. There is no guarantee of ad or print quality. The company must do business within the town limits, but not necessarily have its location in the town. There is a \$50 fee for each quarterly advertisement and since there is a limited amount of space, ads will be taken on a first come, first served basis. The payment must accompany the ad and should be labeled for the newsletter. The fee collected goes directly for newsletter costs. Site selection within the newsletter is to be determined by the newsletter editors. The editors reserve the right to refuse an ad. Both ad and payment will be returned if this occurs.

Thank you for your support.

NEWSLETTER SUBMISSIONS

The Town of Mills River newsletter is published and distributed quarterly. Articles submitted may be edited for brevity. Deadline for submission of articles is the 25th of each of the following months: March, June, September and December. Submit articles in writing to:

Aurelie Taylor
Town of Mills River
124 Town Center Drive
Mills River, NC 28759

or by email to aurelie.taylor@millsriver.org. Articles can also be dropped off at the Mills River Town Hall. If you need assistance, have questions or need more information, feel free to call Aurelie at (828) 890-2901 or email.

HENDERSON COUNTY SHERIFF'S DEPARTMENT
MILLS RIVER DIVISION

Please check the Henderson County Sheriff's Office website at www.henderson.lib.nc.us/county/sheriff for links and information regarding identity theft, Community Watch programs, and crime prevention.

The Henderson County Sheriff's Office continues to see vehicle break-ins in residential and business areas as one of our highest reported crimes. Here are some tips that may keep you from being a victim of a vehicle breaking and entering.

- ◆ Be sure to lock your vehicle and remove all valuables from the passenger compartment no matter where your vehicle may be parked.
- ◆ If you have items that must be left in your vehicle while shopping or otherwise, secure them in the trunk of the vehicle when possible.
- ◆ If you use a GPS unit, always wipe the suction cup ring off of the windshield and remove the unit from the vehicle including the power cord.
- ◆ Park in a spot that has a lot of foot traffic and is well lit.
- ◆ Engage your car alarm if your vehicle is so equipped.
- ◆ When you exit or enter your parked vehicle please be beware of your surroundings.

Here are a few steps to follow if you are the victim of a vehicle break in or you observe a possible vehicle break in occurring in your neighborhood.

- ◆ Please report the incident to the Henderson Sheriff's Office immediately.
- ◆ Remain on the line with the communication center as long as possible.
- ◆ Provide as much information as possible to the communications center to include your location, description of the suspect, direction of travel, and any possible modes of travel.
- ◆ Remember your safety is of utmost concern and a confrontation with a suspect could cause them to become aggressive.

For Emergencies: 911 Non-emergencies: 828-697-4911 NC Highway Patrol: 828-693-4141

**The Town of Mills River
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